

What are Restorative Practices?

Restorative Practices (RP), which has its roots in Restorative Justice, is a newer field of study that is being used in schools to improve accountability, build relationships, repair harm, & restore relationships.

Year 1: Foundation of RP

This innovative & dynamic 3-day seminar equips school site staff to implement RP that typically increases student responsibility & decreases suspensions & expulsions. Consultants also conduct a site visit & schedule follow-up consulting & coaching to facilitate the sites' implementation plan. We offer 30 workshops for educators, students, & parents/caregivers. Year 2 & 3 trainings offer additional seminars, workshops, consulting, & coaching.

Training Goals

- Introduce the concepts of Restorative Practices & its application in schools
 - * Offer restoration rather than punishment
 - * Build relationships
- Offer restorative practices strategies that can reduce the need for school exclusion & juvenile justice system involvement after student misconduct
 - * Keep students in school
 - * Offer Multi-Tiered System of Supports (MTSS)
- Provide tools to enhance the school environment, improve the school culture, & restore relationships after conflict arises.

Session Topics

- * Session 1: Introduction to Restorative Practices in Schools
- * Session 2: Restorative Relationships in Schools
- * Session 3: Implementing Restorative Practices in Schools

3-Day Seminar Summary

Trainers combine their educational & professional experiences with real-life, practical examples that educators can understand &, apply the next day. A wide variety of interactive & engaging multi-modality teaching methods accommodate various learning styles, such as reflection, concrete team activities, & active planning. By the end of the three full-day seminars participants possess a solid foundation in RP with tools & strategies, along with their completed site implementation plan.

Consulting & Coaching

- Consultants schedule a site observation & interview before the first seminar to learn about the school site's culture, leadership, successes, and challenges. They offer site leadership information about how RP can benefit the school, & share criteria for selecting a school site implementation team, including an administrator, classified and credentialed staff.
- After the 3-day seminars are completed, trainers work alongside site teams providing ten hours of consulting, coaching, and on site workshops to foster implementation of site plan.

Who's On A Site Team?

Each school site chooses a dynamic cross-section of seven to nine participants for their site implementation team & attending restorative practices seminars. Secondary site teams are larger.

Although there is interaction amongst all school site teams attending, individual school site teams work together. This allows teams to process information, learn strategies, & create an individualized school site, six-step implementation plan. Because school-wide implementation is ideal, site leadership is asked to consider a wide representation of employees, such as:

- Office & Support Staff
- Community Liaison
- Paraprofessionals
- Yard or Campus Supervisors
- Custodians
- Preschool Staff
- After-school Program Staff
- Parent/Parent Liaison
- Special Education Staff
- Teachers at Various Content or Grade Levels
- Administrators
- Counselors

Participants' Quotes

"I used to think mainly about providing consequences for the offender. Now I think that giving a voice to the victim & allowing the person who caused harm to have an opportunity to make amends is equally important."

"Listen to the entire story: both what the harmed & the harmer have to say. Together come up with a compromise on how they can make things right."

ENDORSEMENTS

Mike Henderson, Associate Superintendent, Human Resources, Modesto City Schools

“Releasing teachers from their classrooms for professional development can be delicate. If they are going to spend the time, they want it to be relevant, engaging, delivered by competent trainers, & include some practical take-aways they can apply in their classrooms the next day. All of these were true of the Restorative Practices training provided to MCS by Youth For Christ. It has been a valuable experience that I would not hesitate to repeat. Positive approaches to student discipline are critical pieces in changing schools & communities. I can think of few training topics that hit so close to the core of having the potential to change the educational trajectory of our youth.”

Mark Herbst, Associate Superintendent, Student Support Services, Modesto City Schools

“When the District decided to begin training our sites on Restorative Practices, it was important we found a contractor who was knowledgeable, engaging, & able to persuade our staff to see the importance of using an alternative approach to school discipline. Youth for Christ exceeded our expectations in all of these areas. Their trainings were of top quality, activity-oriented, & they used a collaborative coaching model to assist our sites in moving forward. I would highly recommend contracting with Youth for Christ to any District interested in implementing Restorative Practices.”

Revised 9/30/2023

OUR TRAINERS

Dr. Marian Fritzemeier, Ed.D.

Marian is an author, speaker & educator. She's a former child development professor & high school teacher. Marian is passionate about training educators.



Kourtney Kauffman, MS, LMFT

Kourtney is the Family Concern Counseling Director & oversees Restorative

Practices. She counsels & mentors youth & offers a solid background in leading circles.

Samantha Tallon, M.S., LMFT

Sam is a Family Concern counselor, providing counseling for families, couples,



adolescents, & adults. She's also a school-based clinician at multiple school sites.



Christina Soto-Trindade, M.S., MFT Associate

Christina is a Family Concern counselor, providing counseling for families, couples, adolescents, & adults.

She's also a school-based clinician who serves Central Valley schools.

**Restorative Practices
Central Valley Youth for Christ
1101 M Street, Modesto, CA 95354
RP@CVyouth.org; (209) 522-9568 x 128**



Restorative Practices in Schools