## 2x10 Relationship Builder

2 x 10 is a Tier II intervention strategy that helps classroom teachers develop relationships with students. This strategy helps teachers connect with students that may be struggling academically, behaviorally, or have a hard time maintaining positive relationships.

- Where to Begin
- 1. **Identify a specific student.** Look for a student that may need support with behavior interventions.
  - a. It may be valuable to focus on a student who has a hard time maintaining relationships within the classroom setting--with teacher or peers.
- 2. **Schedule your time.** Meet with student during independent work time, first thing in the morning, but never during students recess or specials. Students should never feel punished meeting.
- 3. Start a conversation. Focus on building a positive relationship with student.
  - a. Conversation should 2 minutes or less.
  - b. Listen to student, encourage student to share non-academic topics with you about their day or life outside of school.
  - c. Be transparent and open share something personal/academic with student.

## Effective Strategy Implementation

- 1. Keep conversation focused on students interest, do not focus on students schoolwork or behavior
- 2. Utilize conversation starters, questionnaire, or build upon what you already know about your student.
- 3. Consistency is key. Developing relationship with student by chatting with them 2 minutes over the course of 10 days conveys to student you care more than having one 20 minute conversation 1 day.
- 4. Ask open ended questions. Challenge student open up and talk if they are quiet.
- 5. Continue the momentum. After the 10 days have ended continue to engage with student regularly.

