

Behaviour Strategies and Tools

2 X 10

POSITIVE ATTENTION STRATEGY

(can be used in conjunction with the Conversation Starters tip sheet)

The **purpose** of this strategy is to **build relationships** between educators and children, through **understanding** children's interests. When educators focus on positive relationship building they nurture **trust and respect**, which fosters deeper, stronger **connections** that reduce challenging behaviours.

STEP 1

Spend **2 minutes per day for 10 consecutive days** interacting with a child in a preferred exchange.

Avoid being directive or talking about discipline and academics.



STEP 2

Be creative with your interactions.

- Engage, interpret and elaborate with facial expressions, gestures and comments in preferred activities.
- Focus on the child's interests when playing and conversing.
For example: Follow the child's lead; refer to Conversation Starters tip sheet; present preferred activities, etc.



STEP 3

Be genuinely interested.
Make sincere comments and observations.
Don't forget to share about yourself.

REPEAT AFTER 10 DAYS